

Join in Farming's New SPIN!



SPIN keeps you on your hands and knees - and your toes - because it requires you to move, and challenges you to think. Here's some SPIN farmers going through their paces...

SPIN
FARMING™

More SPIN coming up...page or scroll down



Join in Farming's New SPIN!



All you need is a sharp knife to hand harvest a spinach bed. This SPIN standard size bed, which is 2 feet wide and 25 feet long, can be harvested in about 10 minutes. Beds this size are worth at least \$100, or more, per harvest. Spinach is a quick-growing crop and ideal to use in SPIN's intensive relay planting sequences.

SPIN
FARMING™

More SPIN coming up...page or scroll down



Join in Farming's New SPIN!



The soil is fertilized after spinach has been harvested in a small area. The pail contains a mixture of alfalfa pellets, soybean meal, dried molasses, wood ash, bone meal, and blood meal. After the soil is dusted this area will be replanted to other crops.

SPIN
FARMING™

More SPIN coming up...page or scroll down



Join in Farming's New SPIN!



A rototiller is one of the main investments in SPIN farming, and the only mechanized equipment needed. Here a backyard plot in early spring is being prepped prior to planting a variety of leafy greens, including spinach and chard. The rototiller is 5 HP which is a good size for most backyard plots. The make is BCS, one of the best quality tillers.

SPIN
FARMING™

More SPIN coming up...page or scroll down



Join in Farming's New SPIN!



Using an Earthway seeder makes for quick work out of planting. Seeders like this are used for a variety of crops. This entire 1,000 square foot plot can be planted in about a half hour.

SPIN
FARMING™

More SPIN coming up...page or scroll down



Join in Farming's New SPIN!



This is the SPIN straddle which makes quick work of harvesting. SPIN's standard size beds measure 2 feet wide by 25 feet long, They are deliberately designed so that they can be easily straddled with the legs.

SPIN
FARMING™

More SPIN coming up...page or scroll down



Join in Farming's New SPIN!



Weighing and bagging are among the least strenuous SPIN-Farming tasks. Many older folks like doing prepping for market since much of the work can be done sitting down.

SPIN
FARMING™

More SPIN coming up...page or scroll down



Join in Farming's New SPIN!



Many SPIN farmers use weeding to perfect their dance steps. But unless you aspire to be Rogers or Astaire, you don't want to spend too much time at it. To get really good you need the right equipment. Between-row-weeding requires a specialty hoe. A different type of hoe is used for the walkways.

SPIN
FARMING™

More SPIN coming up...page or scroll down



Join in Farming's New SPIN!



Radish needs to be in top shape to command top dollar. Basic equipment to get it there: garden hose, spray gun, and rubber gloves. Fancy equipment is not needed to produce a fancy-looking end result.

SPIN
FARMING™

More SPIN coming up...page or scroll down



Join in Farming's New SPIN!



All you need to harvest a sub-acre planting of garlic is a garden fork. This is pleasant work that can be done by one person. Freshly harvested garlic is washed and allowed to dry in the open air, but it needs to be protected since direct sunlight can discolor and damage it.

SPIN
FARMING™

More SPIN coming up...page or scroll down



Join in Farming's New SPIN!



With SPIN-Farming you not only get to work hard, you also get to rest easy! That's because SPIN's work flow practices provide a regimented routine so that the wide variety of farm tasks can be easily managed without becoming overwhelming. The work is very satisfying and relaxing once the unique rhythm of the farm is established.

To learn more about how people like you are starting to bring agriculture back home, join in at www.spinfarming.com

SPIN
FARMING™